

## BETTER BISCUIT BURGERS

	CALORIES
BEEF	1061
CRISPY CHICKEN	1010

## BREAKFAST SIDES









	CALORIES
BISCUITS (2) WITH BUTTER 	282
PANCAKE (2) WITH YRUP	970



*Build It*  
**THE WAY YOU  
WANT IT!**

**MAKE YOUR DAY BETTER AT  
BETTER BURGER!**

## NUTRITIONAL BENEFITS GUIDE

-  HIGH IN CALCIUM
-  LOW CHOLESTEROL
-  HIGH IN VITAMIN A & C
-  HIGH IN PROTEIN
-  HIGH IN FIBER
-  LOW FAT
-  HIGH IN IRON
-  UNDER 500 CALORIES








## FULL MENU Caloric Counts

**INNOVATIVE  
ON TREND  
HEALTHY  
MENU ITEMS**

**NSA  
BETHESDA**  
Building 62

## BB SIGNATURE RECIPES

	CALORIES
TRIPLE B BURGER	1364
THE BUFFALO	
FRIED CHICKEN  	840
GRILLED CHICKEN  	989
PATTY MELT BURGER 	1313



## WINGS

	CALORIES
PLAIN	
5 EACH	806
10 EACH	1612
BBQ	
10 EACH	1793
5 EACH	897
SPICY BBQ	
10 EACH	1717
5 EACH	858
BUFFALO	
5 EACH	820
10 EACH	1640
CAJUN	
5 EACH	806
10 EACH	1612

## FRIES

	CALORIES
60Z SIDE	
CAJUN  	350
PLAIN  	350
ROSEMARY PARMESAN  	387

## BB SIGNATURE RECIPES

	CALORIES
THE MELLOW MUSHROOM BURGER	
BEEF 	971
BEYOND BURGER  	971
FRIED CHICKEN 	920
GRILLED CHICKEN 	1069
THE ORIGINAL BURGER	
BEEF	948
BEYOND BURGER	948
FRIED CHICKEN	897
GRILLED CHICKEN	1046
THE RODEO BURGER	
BEEF	997
BEYOND BURGER	997
FRIED CHICKEN	971
GRILLED CHICKEN	1111
THE SW SWEET HEAT	
BEEF	722
BEYOND BURGER	722
FRIED CHICKEN	671
GRILLED CHICKEN	811









## PLAIN SANDWICH & BURGERS

	CALORIES
CHICKEN SANDWICH	561
HAMBURGER 	462
HAMBURGER DOUBLE	752


## BREAKFAST SANDWICHES

	CALORIES
BISCUIT	
BACON, EGG & CHEESE	625
EGG & CHEESE 	323
SAUSAGE, EGG & CHEESE 	490
CROISSANT	
EGG & CHEESE	549
SAUSAGE, EGG & CHEESE	783
BACON, EGG & CHEESE	851

## OMELETS

	CALORIES
BB SIGNATURE LOADED 	735
EGG AND CHEESE  	427
MEAT, EGG AND CHEESE  	491
MEAT, VEGGIES, EGG AND CHEESE 	510
VEGGIES, EGG AND CHEESE  	342

## EGGS MADE TO ORDER

	CALORIES
HARD BOILED   	168
OVER EASY - SUNNY SIDE  	357
SCRAMBLED - WHOLE   	397
SCRAMBLED WITH CHEDDAR  	382

## BURRITO

	CALORIES
BB SIGNATURE LOADED  	1048
EGG AND CHEESE 	740
MEAT, EGG AND CHEESE	511
MEAT, VEGGIES, EGG AND CHEESE  	823
VEGGIES, EGG AND CHEESE  	655