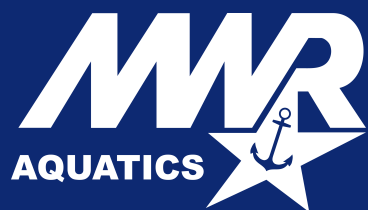


**Aqua Zumba  
Group Class**  
NSA Bethesda  
Fitness Center Pool

**All Fitness Center Patrons Welcome  
Every Tuesday 5 PM**

**Free for Active Duty  
\$3 All Others**

**Come and discover aqua zumba with  
our instructor, Sheena.**



NSA Bethesda Fitness Center Bldg. 17B  
MWR Aquatics  
PH 301-319-1675